



# CENTRAL CALLING

Central United Methodist Church  
1501 Massachusetts Street  
Lawrence, KS 66044

**CONTACT US AT:**

Rev. Maria Campbell:  
Church: (785) 843-7066  
Fax: (785) 843-0054  
Home: (785) 856-2630  
Cell: (785) 218-7852  
cumcpastor@sunflower.com  
mtcampbell@sunflower.com  
www.centralumclawrence.org

Rev. Maria Campbell, Pastor  
Cheryl Flessing, Custodian  
Becky Harris, Hand Bell Director  
Rita Hoyle, Adm. Assistant  
Jenny Memmott, Accompanist  
Shaun Whisler, Music Director

Sunday School for All Ages:  
9:30 am  
Worship Service:  
10:45 am  
Group Studies:  
Journey - Mon. - 9:30 am  
S.W.I.F.T. - Tues. - 6:30 pm  
Disciple III - Thurs. - 6:30 pm

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**MISSION STATEMENT**

"GATHER TO WORSHIP  
THE ONE TRUE GOD  
AND BE A LIVING EXAMPLE  
OF JESUS CHRIST  
TO A WORLD IN NEED."

## A Fresh Start



Lent is the Christian season of 40 weekdays between Ash Wednesday and Easter. It is 40 days to consider what *A Fresh Start* means for us as followers of Jesus. As we prepare our inner life, the world outside is getting ready to burst into spring. The nutrients are being pulled up into the trees, signs of new life will be everywhere. What will be the signs that new life is growing on the inside of you? Here are ways to begin refreshing your spirit to prepare for the journey ahead:

**February 5:** The Burning of the Ashes: We will gather in the parking lot at 10:20 am to watch last year's palms be burned to prepare this year's ashes for Ash Wednesday.

**February 22:** The Ash Wednesday service begins at 6:30 pm. Allow the visible sign of a mark on your forehead remind you that we belong to God.

**February 27:** Lenten study, *Final Words From the Cross*, begins and will continue through the day after Easter, April 9<sup>th</sup>. The class is from 9:30-11 am.

**March 14:** The Service of Healing and Anointing is a time to bring all your requests for mind, body and spirit healing to the Lord. The service begins at 6:30 pm.

Holy Week begins on April 1<sup>st</sup> with Palm Sunday. We will have our traditional Maundy Thursday Meal and Good Friday service. Both begin at 6:30 pm.


## A FRESH START... By Pastor Maria

*I keep praying for us. I keep praying that God will guide us and encourage us to follow what God wants us to do. This isn't as easy as it sounds because I am human. I have ideas of my own. Ideas that are often received well and on many occasions actually do work. But that is not the point. The point is that I want for us to be living examples of Jesus Christ to a world in need and there are plenty of needs. That is further complicated by the fact that those needs are not static, they keep changing. They change because change*

*is part of the transformational process.*

*We want our lives and our church to be all God wants but it isn't always an easy path to travel. The good news is that God takes us as we are and can bring about our good. But the even better good news is that we have the option to begin anew... we can have A Fresh Start. God is in the 'creation business' and is always moving to restore us and transform us into the people we were originally created to be. So I am inviting you to get on board. Let's follow God's lead*

*and be living examples of Jesus Christ to a world in need.*

*Whenever you see the , read the information carefully and see if you can get involved. We will offer opportunities for self-care and improvement in mind, body and spirit. Try them all or just a few but try and be a part of Central's FRESH START!*

Peace and hope+

*Pastor Maria*



### Wesley's Covenant Prayer

I am no longer my own,  
but thine.  
Put me to what thou wilt,  
rank me with whom thou wilt.  
Put me to doing,  
put me to suffering.  
Let me be employed for thee  
or laid aside for thee,  
exalted for thee or  
brought low for thee.  
Let me be full, let me be empty.  
Let me have all things,  
let me have nothing.  
I freely and heartily yield  
all things  
to thy pleasure and disposal.  
And now, O glorious and  
blessed God,  
Father, Son and Holy Spirit,  
thou art mine, and I am thine.  
So be it.  
And the covenant which I have  
made on earth,  
let it be ratified in heaven.



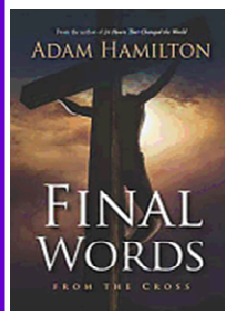
## Lenten Bible Study

BEGINS MONDAY, FEBRUARY 27 at 9:30 am

This study by Rev. Adam Hamilton examines Christ's dying hours and his final words as seen and heard through the eyes and ears of those who stood near the cross.

**PLEASE CALL THE CHURCH OFFICE TO ORDER YOUR BOOK.**

- Session 1: Father Forgive Them
- Session 2: Behold Your Son...Behold Your Mother
- Session 3: My God, Why Have You Forsaken Me?
- Session 4: Today You Will Be with Me in Paradise
- Session 5: I Thirst
- Session 6: It Is Finished...Into Your Hands I Commit My Spirit
- Session 7: On the Road to Emmaus



ALL ARE WELCOME TO ATTEND THE CLASS---EVEN IF YOU CHOOSE NOT TO READ...COME WATCH THE VIDEOS AND PARTICIPATE IN THE DISCUSSION...COME WITNESS JESUS' LAST WORDS.

## Financial Update

### TREASURER'S REPORT ON GENERAL BUDGET FUND

Month of December, 2011

Total Income	\$ 11,763.44
Transfers	<u>4,520.62</u>
Total Receipts	\$ 16,284.06
Less: Expenses	<u>(16,164.50)</u>
Total Receipts <u>EXCEED</u> Expenses	119.56
January through December 2011	
Total Income	126,918.70
Transfers from Richards Estate	14,488.00
Transfer from Fundraiser Fund	1,504.66
Transfer from Jones Interest Account Fund	4,421.62
Other Transfers	<u>682.95</u>
Total Receipts	\$148,015.93
Less: Expenses	<u>151,993.03</u>
Total Receipts <u>BELOW</u> Expenses	\$ (3,977.10)
<b>Note: The beginning balance on January 1, 2011 of \$4,096.34 has <u>DECREASED</u> to \$119.24.</b>	

Dear Church family,

Words cannot express my deep gratitude to you for the love, care and support offered to my family in the last year. Cade's chemo treatments have been discontinued. He will have monthly blood tests through March. If all continues to go well he will have the surgical procedure to remove his chest port. We gratefully acknowledge and accept all of your prayers to the Wonderful God of Healing! Also thanks for remembering my ex-Kent Messerly during his recent heart concerns. Both Cade and Kent are doing well at this time. Kent will return to KU Med. for a follow up visit at the end of this month.

I would also like to take this opportunity to praise and encourage our church family in reaching out to the young people in our church. My grandchildren have been welcomed each time they visit and many of you call them by name. That is incredibly meaningful to me that our church family values and treasures our youngsters. I sensed that about this church when I first visited and that was one of the reasons I joined this church. I challenge you to reach out every time our church meets together, to speak to at least one young person. Let them know that you know their name and are interested in them! It does matter and make a big difference! A special thanks to the Sunday School staff, especially Miss Janice and Mr. John as they have had my grandkids the most, for always being so kind and patient. I have heard my grandkids mention Miss Janice and Mr. John away from church.



"Train a child in the way he should go, and when he is old he will not turn from it."  
Proverbs 22:6

God Bless you all each and every day! Love, Sue with Cade, Aidan, Allie, Kenzie and Leah.

## Soup Labels

For some time our church has collected and sent Campbell Soup labels and some other product labels to Youthville to help provide needed items. The person who has been doing this is no longer able to do so. If you are interested, please contact the church office or Nadine Snider to let us know of your interest.

## Parents Night Out

The students of WesleyKU are offering you another Parents Night Out! Drop off your kids at First UMC's West Campus on Friday, February 10th from 5PM to 8PM. Enjoy a date-night, or simply have a quiet evening at home! We will provide dinner, and age-appropriate games/entertainment for your children. Please RSVP with children's names and ages to Kara Eidson at: [kara.eidson@ku.edu](mailto:kara.eidson@ku.edu) or (816)550-0981. (Donations appreciated. All donations will support WesleyKU Mission Trips to Joplin and Heifer Ranch.)



## Station United Methodist Women



Thanks once again for tuning into Station UMW. The executive committee has met and have made plans for 2012. Booklets will soon be available. We will not be having our UMW Sunday in February this year. We will set the date later.

We want to welcome Phyllis Grant as our new treasurer. And we want to give a big Thank You to Jean Flory who served us in this capacity for 17 years.

New books have been ordered for our Reading Program and will soon be on the UMW shelves in the library. There are forms for you to fill out listing the books you have read. We had three participate this year. Lets get reading for the new

year.

Our Prayer and Self-Denial Soup luncheon will be March 18 and our Ladies Night Out May 11 with the UMM catering. Deb Rukes will give a program on free trade.

We will continue to have Della C Lamb as an August project, but only in our circles. We collect loose change during the year and will take up an additional special offering at our circle meetings in August. Della C Lamb provides education for both adults and children and many other projects and services in Kansas City, serving a very low income population.

Esther/Mary Circle February 8th  
9:30 am in Fellowship Hall  
Devotions: Nadine Snider

Lesson: Frances Mercer  
Hostess: Geneva Pohl

Martha Circle February 21st  
7:00 pm in Fellowship Hall  
Devotions: Deb Rukes  
Lesson: Shirley Edgerton  
Hostess: Becky Harris

As many of you know, we are trying to be more green in our units. Here is a few suggestion you might practice.

Use florescent bulbs - if every house in the US switched all the bulbs in their house, that would be equivalent to taking one million cars off the street

Respectively submitted by  
Nadine Snider  
UMW President

## United Methodist Men

We need to thank all the members of our faith family who donated either the food we asked for or the funds to buy it. Your outstanding support for our infant ministry, while it does not surprise us, is inspiring.

We began our effort to provide a monthly evening meal for Lawrence Community Shelter on January 16, when five of us gathered in the kitchen to prepare meatloaf, taters and green beans. While mixing 20 pounds of ground beef with the other ingredients is not an easy task, we managed to accomplish it without damage to the food, ourselves, or the kitchen. When we delivered the meal to the shelter, it became evident that our decision to start the project without a financial base was the right thing to do. This is God's work, and we are happy that we can do it. We hope to involve other men and young people in meal preparation and, when we can, serving the shelter occupants.

Next up, we will begin a guest speaker program in March and serve breakfast after the early service on Easter Sunday. In the latter regard, we will develop a method that will give us a tentative headcount (as opposed to a wild guess) of the number of people we need to prepare food for. We ask for your continued prayer, cooperation and support.

God Bless.



## Challenge from our D.S.

I want to challenge the pastors and churches of the Five Rivers District to step up to the coming Walk to Jerusalem Challenge. This is the third such challenge in the Kansas Area of the UMC and involves churches working together to collectively achieve the equivalent distance of walking from Wichita, KS to Jerusalem (6759 miles!) It would be great if the churches of the Five Rivers District could set this goal and achieve it between January 15 and April 15 of 2012.

Thanks, Dennis

Let's support our D. S., Rev. Dennis Ackerman, and get healthy at the same time. Kansas West churches have won this challenge the two previous challenges. Let's step up and step out and get healthier in the process.

Please email me or call the church office and let us know you want to participate. Several have already signed up and are walking now. There's still lots of time to get going! Keep a log for yourself and just email the weekly totals to Keith Campbell (kecampbell@sunflower.com). Remember, 2000 steps equal one mile.

Blessings to you+ Pastor Maria

## Confirmation Schedule

February 12	Lesson 5
February 22	Ash Wednesday Service
February 26	Lesson 6
March 11	Lesson 7
March 25	Lesson 8

## Joint Kansas and Nebraska Clergy Session

Clergy from Kansas East and West conferences and the Nebraska conference gathered Jan. 17-19. The gathering was held in Topeka. Author Brian McLaren was the featured speaker. During the event, the clergy divided into 90 groups to assemble tricycles that were given to the Topeka Head Start program.

## Worship Assignments for February

### GREETERS:

- 5 Barb and Richard Nelson
- 12 Autumn Weiss
- 19 Bud and Dot Johnson
- 26 John and Heather Ruckman

*John Wesley's motto: "Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you ever can."*

## February Celebrations

### BIRTHDAYS:

- 1 Tracy Saenz
- 2 Matthew Wellman
- 3 Don Vaughn
- 9 Drake Young
- 10 Alexa Smith
- 11 Maggie Alvarez  
Heather Ruckman  
Sarah Riley
- 21 Ashley Rock
- 22 Jack Walburn
- 24 Jacob Cloud
- 25 Erik Saenz
- 27 John Hathaway
- 29 Darla Sieg



### ANNIVERSARIES:

- 24 Joe and Shirley Edgerton

## Attendance for January

January 1	75
January 8	95
January 15	89
January 22	99

## February Bible Readings

February 5, 2012

**Fifth Sunday after the Epiphany**  
Isaiah 40:21-31; Psalm 147:1-11, 20c; 1 Corinthians 9:16-23; Mark 1:29-39

February 12, 2012

**Sixth Sunday after the Epiphany**  
2 Kings 5:1-14; Psalm 30; 1 Corinthians 9:24-27; Mark 1:40-45

February 19, 2012

**Transfiguration Sunday/Last Sunday After the Epiphany**  
2 Kings 2:1-12; Psalm 50:1-6; 2 Corinthians 4:3-6; Mark 9:2-9

February 22, 2012

**Ash Wednesday**  
Joel 2:1-2, 12-17; Psalm 51:1-17  
2 Corinthians 5:20b-6:10  
Matthew 6:1-6, 16-21

February 26, 2012

**First Sunday in Lent**  
Genesis 9:8-17; Psalm 25:1-10  
1 Peter 3:18-22; Mark 1:9-15

## Prayer Chain

Central has two prayer chains, a phone prayer chain and an email prayer chain.

If you are interested in joining one of the prayer chains, please contact Nadine Snider at [tsni843@sunflower.com](mailto:tsni843@sunflower.com) or 843-8697.

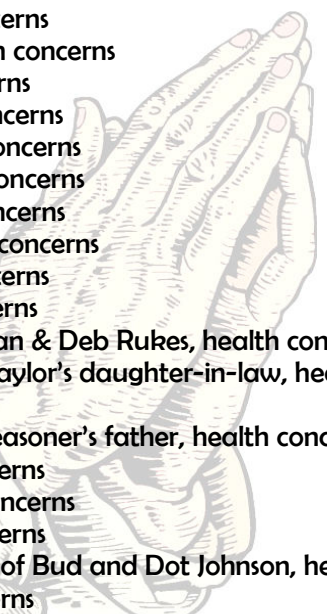
## Communication Chain

Central has an email distribution list to notify anyone interested in upcoming church activities, events and meeting notices.

If you would like to be included on this list, please contact Rita Hoyle at the church office - [cumcsecretary@sunflower.com](mailto:cumcsecretary@sunflower.com) or call 843-7066.

## Prayer Concerns

- + Pastor Shirley and Joe Edgerton and the people of Haiti
- + Paul Phelps, health concerns
- + Charlie Ruckman, health concerns
- + Vera Hadl, health concerns
- + John Dougan, health concerns
- + George Martin, health concerns
- + Pauline Mellies, health concerns
- + Norma Baird, health concerns
- + Norma Osborne, health concerns
- + Dot Johnson, health concerns
- + Tim Knight, health concerns
- + Jim Hopkins, friend of Dan & Deb Rukes, health concerns
- + Marlene Taylor, Lillian Taylor's daughter-in-law, health concerns
- + Larry Sumner, Stacey Reasoner's father, health concerns
- + Letha Louk, health concerns
- + Hazel Burgert, health concerns
- + Bill Puckett, health concerns
- + T.J. Jacobsen, son-in-law of Bud and Dot Johnson, health concerns
- + Coral Kopf, health concerns
- + Our journey as disciples of Jesus Christ
- + Pray for Korean Fellowship and Pastor Han
- + Bishop Scott Jones, Kansas Area Bishop, Cabinet, Leaders and Pastors in Kansas Area



## Members & Friends in Assisted Care and Independent Living

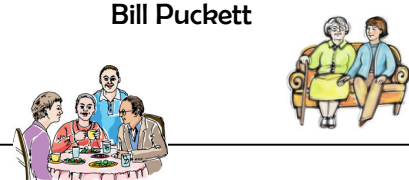
**Brandon Woods:**  
Norma Baird

**Presbyterian Manor:**  
Pauline Mellies  
Ruth Dent  
Hazel Burgert

**Drury Place:**  
Letha Louk  
Bud Klein

**Pioneer Ridge Health Care:**  
Ruth Daum  
Dorothy Hickok  
Coral Kopf  
Ed Mills  
Norma Osborne

**Medical Lodges in Eudora:**  
Bill Puckett



### Five Rivers District Prayer Calendar 2012

- Feb. 5 Plum Creek
- Feb. 12 Louisburg
- Feb. 19 Burlington
- Feb. 26 Hiattville

## Electronic Funds Transfer

Electronic Giving: Would you find it helpful to have your offerings debited directly from your bank account?

Central United Methodist Church now offers Electronic Giving for those of you who wish to have contributions transferred electronically to the church's account.

Contact John Ruckman to sign up or for additional information at 842-6387 or [john.ruckman@bartwest.com](mailto:john.ruckman@bartwest.com).



### COFFEE FELLOWSHIP Hosts for February 2012

Join us on these dates at 10:15 am:

- Feb. 5 Don Vaughn & Lillian Taylor
- Feb. 12 Rachel Terkildsen & Cinda Schneeweiss
- Feb. 19 Carry In Luncheon
- Feb. 26 Jean Flory & Geneva Pohl



## Countdown to 2012 General Conference

*The 2012 General Conference 2012 will be April 24-May 4 in Tampa, Fla. Nine hundred and eighty-eight delegates from around the world will set policy and direction for the church for the next four years. General Conference is the only entity that speaks for The United Methodist Church. Learn more about the event using resources at [Countdown to General Conference](#)*

**For church cancellation information tune to Channel 6 only on Knology or go to [www.6Lawrence.com](http://www.6Lawrence.com).**

**For church cancellation information tune to Channel 6.**



[www.6Lawrence.com](http://www.6Lawrence.com)



Only on **KNOLOGY**

# Central Sunday School News

**Sunday School  
for Everybody  
@ 9:30 am**

**Every Sunday.**

**Classes for:**

- Toddlers
- Preschoolers
- Elementary Students
- Junior and Senior High Students
- Adults

**Sunday School,  
it's Life Giving.**

Child care is available each Sunday. Contact Sabrina Wellman: 749-4577, 550-3300 or [rzrback@sbcglobal.net](mailto:rzrback@sbcglobal.net).

**Toddlers:**

Two & three year olds meet next to the nursery as they be-

gin learning Bible stories and basics of our Christian faith through play and Bible activities.

**Preschoolers:**

Preschoolers meet in the room across from Sunrise Sanctuary. Through weekly Bible lessons, they begin their understanding of God, His son Jesus, and what God asks us to do and be.

**Elementary Students:**

Elementary ages have a gathering time in Sunrise Sanctuary. Each age group, K-2nd and 3rd -5th has a shepherd for gathering time and goes with them as they experience the Bible lesson.

**Youth:**

Junior and Senior High Youth meet each Sunday morning in the Library. Students experience a Bible lesson and discussion while considering how the scripture relates to their lives.

**Adults:**

Two Sunday morning opportunities are available for adults:

1. The Adult Bible Study class meets in Aquila Priscilla for a weekly Bible lesson using the Adult Bible Studies quarterly study.
2. Another group meets in the Parlor for discussion, prayer and fellowship.



## 2012 GLOBAL MISSION EXPERIENCE CONNECTING WITH THE HAITI COVENANT

**SATURDAY, FEBRUARY 25, 2012**

**9:00 am to 3:00 pm**

**GRACE: OLATHE UMC**

11485 S. Ridgerview Rd., Olathe, KS 66061, 913-859-0111

**Registration Fees: \$15 (adults and youth)  
\$10 (K-6th grades)**

(Child care prekindergarten is available; parents bring lunches for your children.)

**Register At:** [www.kansaseast.org](http://www.kansaseast.org); under *Tools* select *Online Registration*.

Workshop topics include ways local churches can respond to the needs, learning about ongoing trips and projects, and active workshops for children and youth.

**Sponsors:** Kansas East Conference Board of Global Ministries and the Haiti Task Force

## CENTRAL UNITED METHODIST CHURCH

1501 Massachusetts  
Lawrence, KS 66044

Check it Out!

[www.centralumclawrence.org](http://www.centralumclawrence.org)

Rev. Maria Campbell, Pastor



KANSAS AREA  
**Health &  
Wellness**  
COMMITTEE  
United Methodist Church



## Physical and Spiritual Healing

*"...that your way may be known upon earth, your  
saving power among all nations."  
Psalm 67:2 (NRSV)*

For a variety of reasons, many believe that improving health is hard. Instead of buying expensive gimmicks or "miracle drugs," invest free time in daily physical activity. Being active at least 30 minutes a day can help reduce stress, body aches, and depression. Daily physical activity helps cleanse the mind, cleanse the body, and revive the spirit. A good way to start a physical activity program is to create a log. Writing personal goals and accomplishments may help motivate. With God's help, become a role model. Being an example convinces others that physical activity is good for the body, inside and out. A healthy Christian can better serve God at church and in community relationships.

(Used with permission from Melissa Bopp, Ph.D., Assistant Professor, Department of Kinesiology, Kansas State University, and the Health-e-AME Physical-e-Fit program, 2010.)